

# Phase synchronization in coupled nonlinear oscillators

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H. Eugene Stanley

Z. Chen et al., Phys. Rev. E 73, 031915 (2006)

L. Xu et al., Phys. Rev. E ( R ) 73, 065201 (2006)

## Why study synchronization?

- Synchronization is often present in **physiological** systems

### Example:

- In human heart coupled cells fire synchronously, producing a periodic rhythm governing the contractions of the heart

- Alteration of synchronization may provide important physiological information:

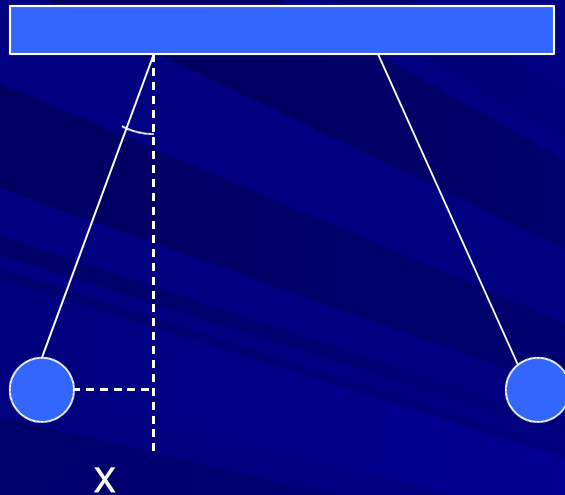
### Example:

- Parkinson's disease, synchronously firing of many neurons results in tremor

# Concept of synchronization

Huygens clock (1657)

two identical pendulums + common bar



Phenomenon:

anti-phase synchronized

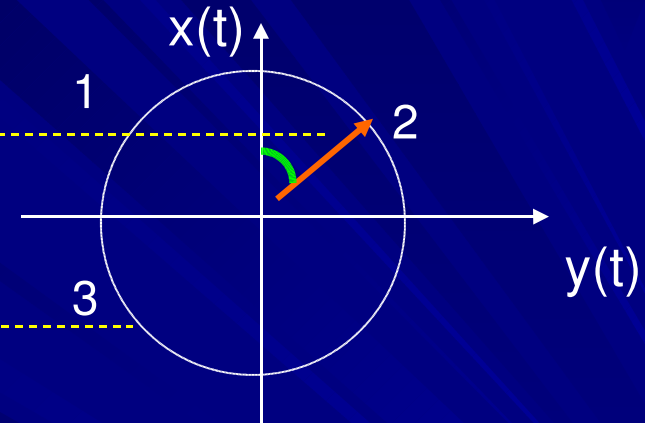
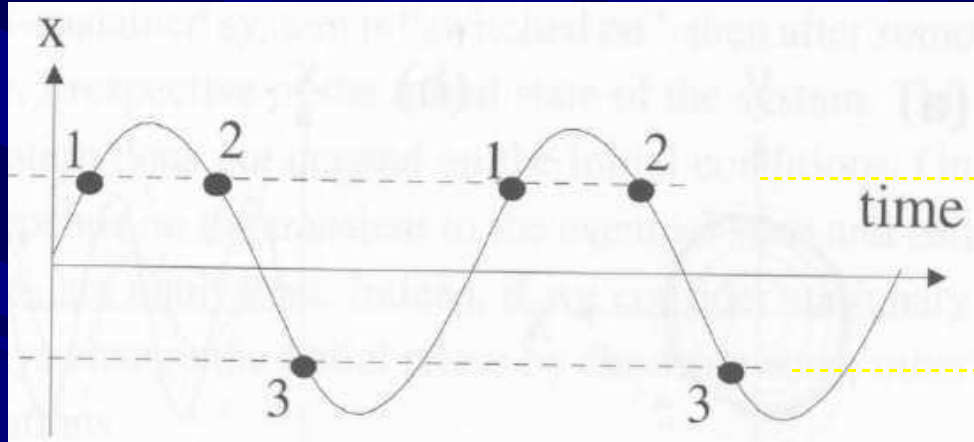
*Synchronization of two self-sustained oscillators due to coupling*

*Self-sustained oscillators exhibit "regular" rhythm driven by internal source*

*How to describe the motion of self-sustained oscillator?*

# Linear self-sustained oscillators

$x(t)$  : time series of a self-sustained oscillator



**Description of the motion:**

One variable is not enough!

$$x(t) + i y(t)$$



$$Ae^{i(\omega t)}$$

**Phase:**  $\tan^{-1}(y/x)$

(angular speed  $\omega(t) = \text{constant}$ )

**Amplitude:**  $A^2 = x^2 + y^2$

(constant)

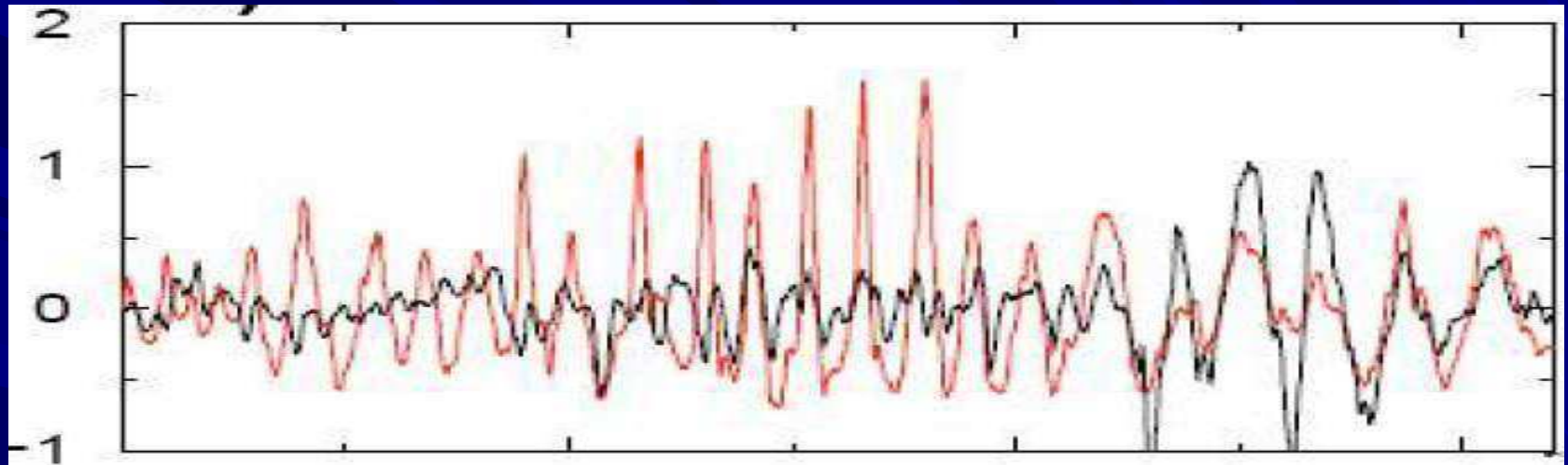
Output signals of biological systems are more complex  $\Rightarrow$  nonlinear oscillators

# Nonlinear Oscillators: signal of human postural control

$X_1$ (Red): back-forth sway

$X_2$ (Black): left-right sway

$X_1(t)$   
 $X_2(t)$



time

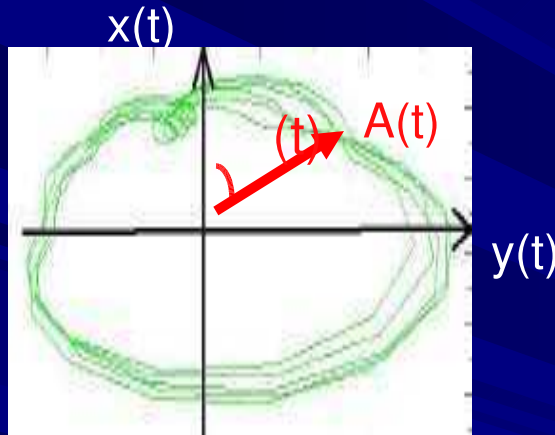
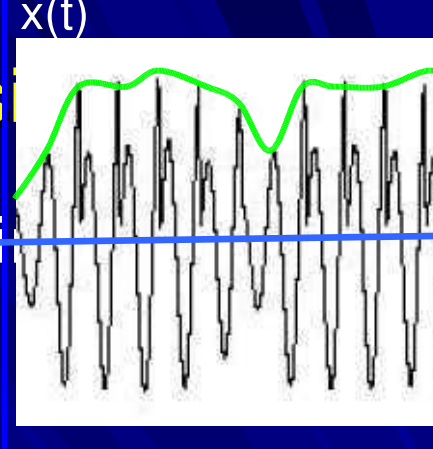
Characteristics:

both amplitude and rhythm are time dependent

extraction of amplitude and phase is nontrivial

# Extract phase and amplitude from signal

for arbitrary time series  $x(t)$ , analog to the case of linear



- time dependent amplitude of the original signal is preserved
- $$x_2(t) + i y_2(t) \longleftrightarrow A_1(t)e^{i\phi_1(t)} + A_2(t)e^{i\phi_2(t)}$$

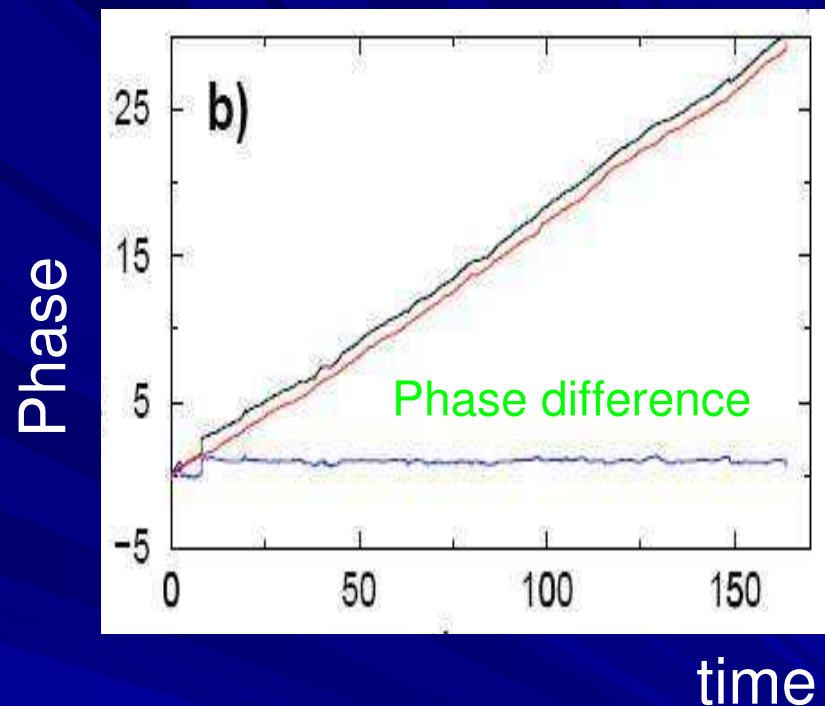
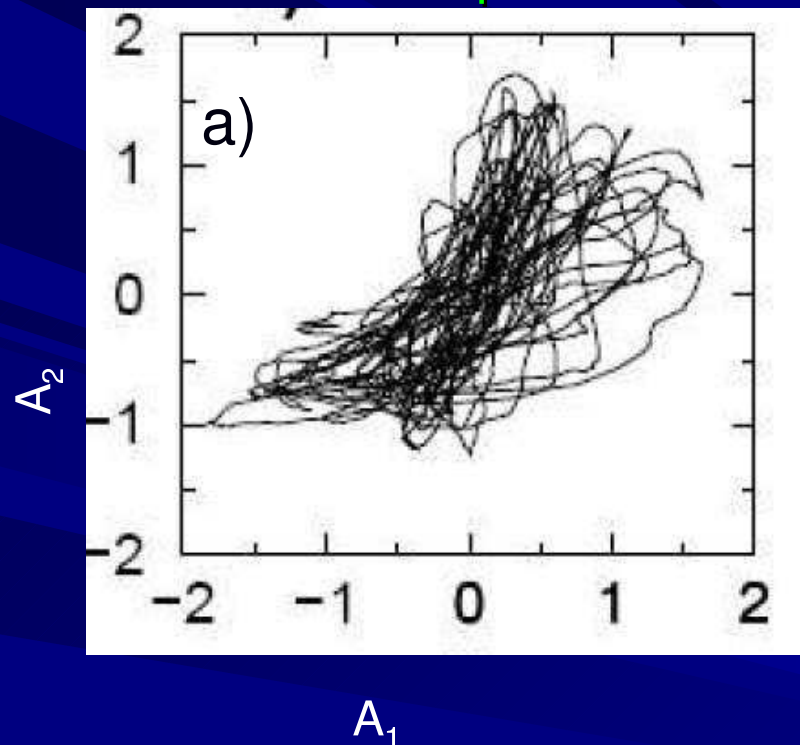
for time series of postural control:  $x_1(t), x_2(t)$

$$x_1(t) + i y_1(t) \longleftrightarrow A_1(t)e^{i\phi_1(t)}$$

How to detect coupling between two time series?

# Coupled nonlinear oscillators

time series of human postural control



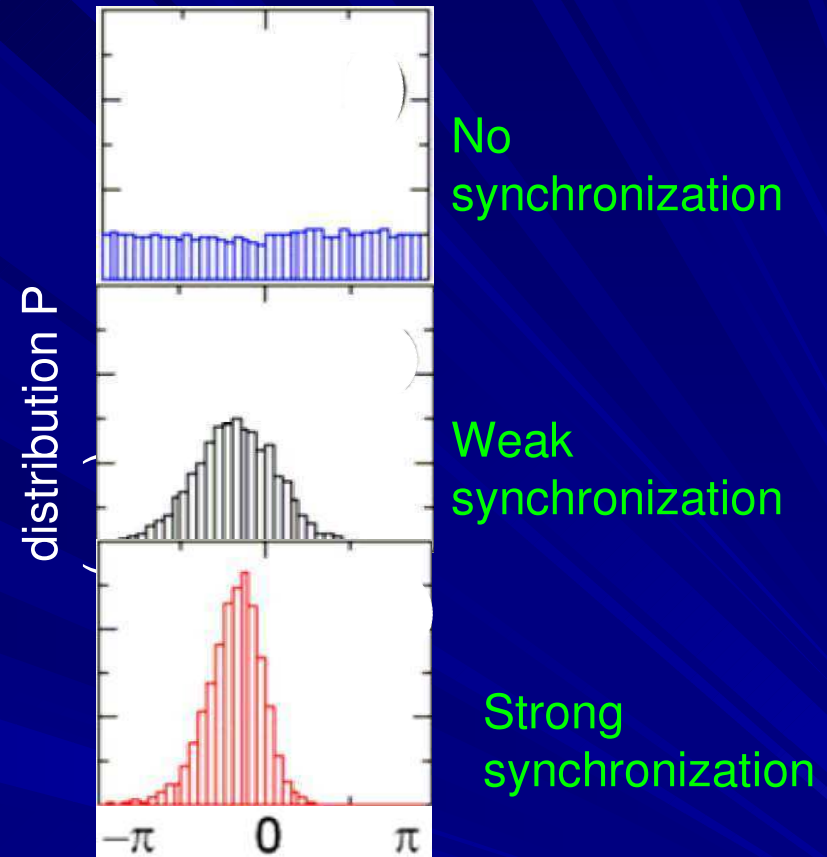
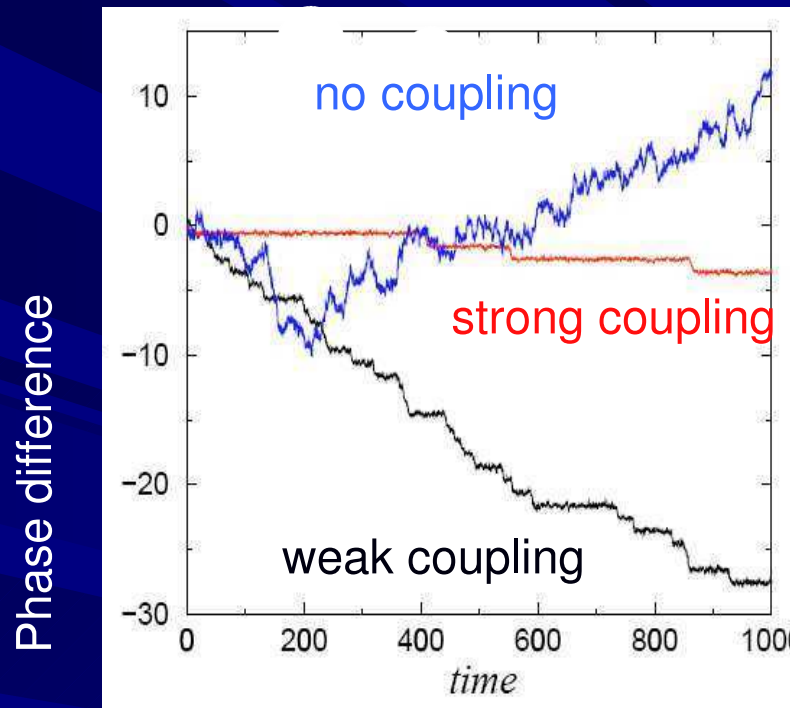
**Amplitude:** not synchronized  
synchronized:  $A_2/A_1 \equiv \text{constant}$

**Phase:** synchronized

$$|\phi_1 - \phi_2 - \text{Const}| < \delta$$

Phase information is important to detect coupling between systems!

# Characterization of Phase Synchronization



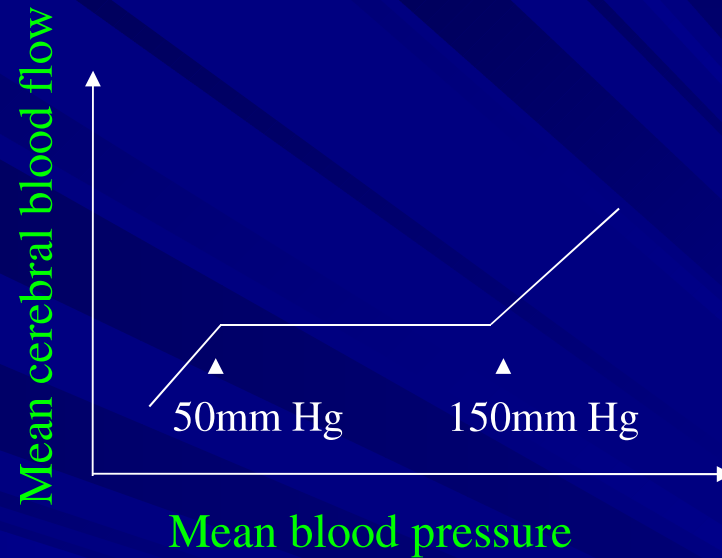
no coupling  $\rightarrow$  uniform distribution  
weak coupling  $\rightarrow$  broad distribution  
strong coupling  $\rightarrow$  sharp distribution

Synchronization is a measure of the strength of coupling



Detect of correlation between blood flow velocity in the brain and blood pressure in the limbs for healthy and stroke subjects

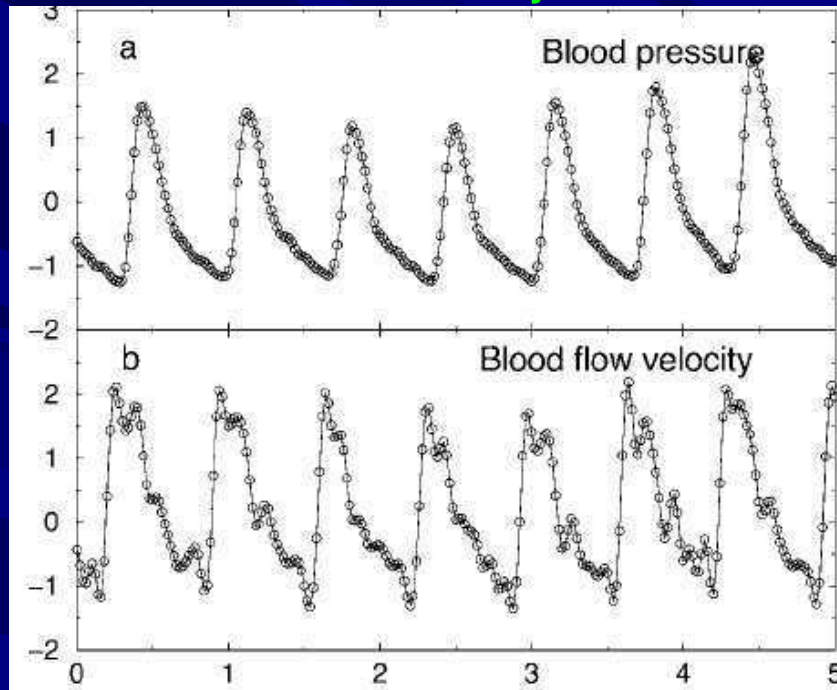
# Background: cerebral autoregulation



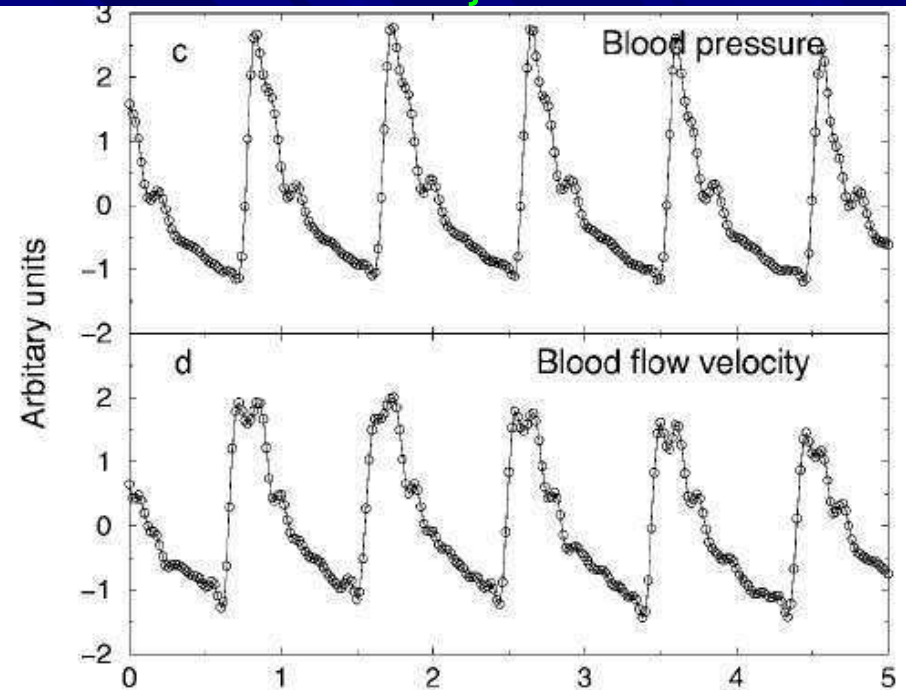
Cerebral autoregulation is an autonomic function to keep constant blood flow velocity (BFV) in the brain even when blood pressure (BP) changes.

# Application to Cerebral Autoregulation

Health subject



Stroke subject



t (s)

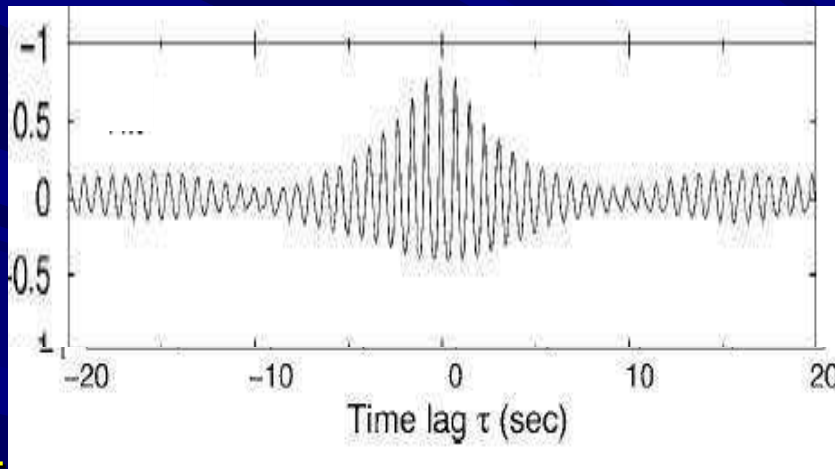
Characteristics: (1) regular rhythm 1Hz (driven by heart beat)  
(2) nonstationarity

Question: Is there any difference in the correlations between two signals for healthy subject and unhealthy subjects?

# Amplitude cross-correlation between BP and BFV

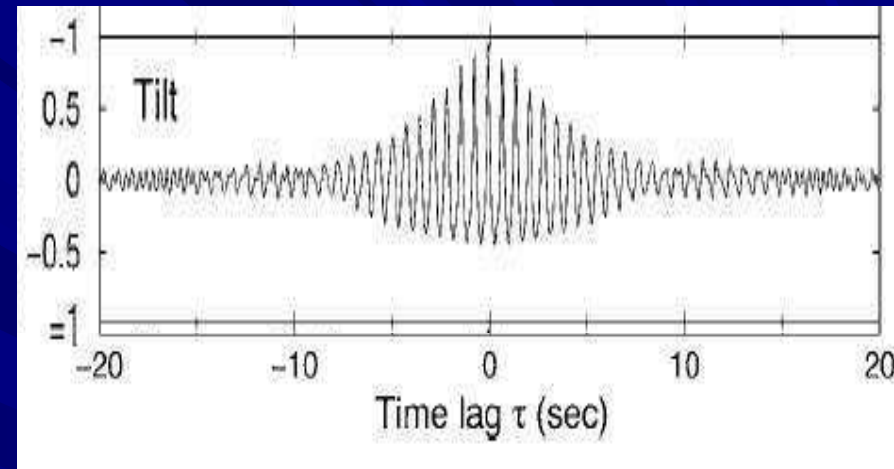
Healthy subject

Amplitude cross-correlation



Time lag

Stroke subject



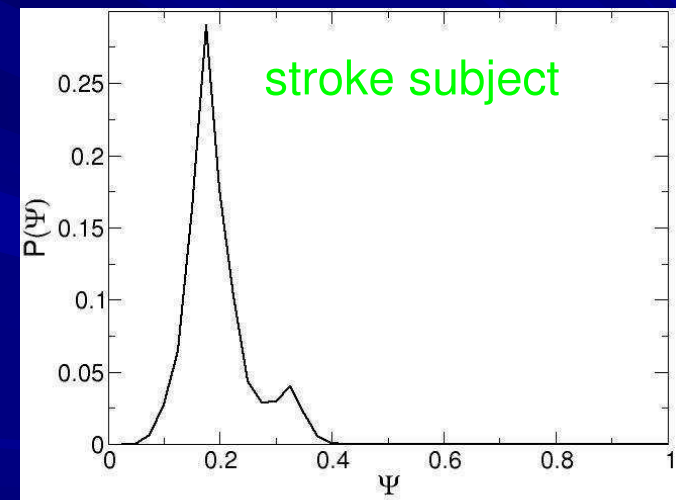
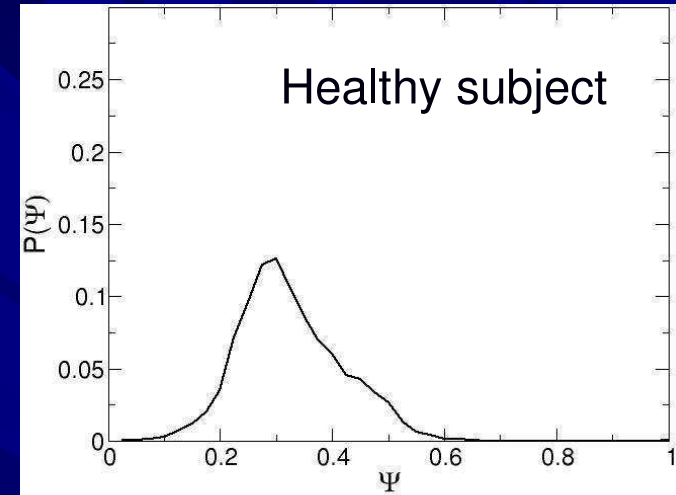
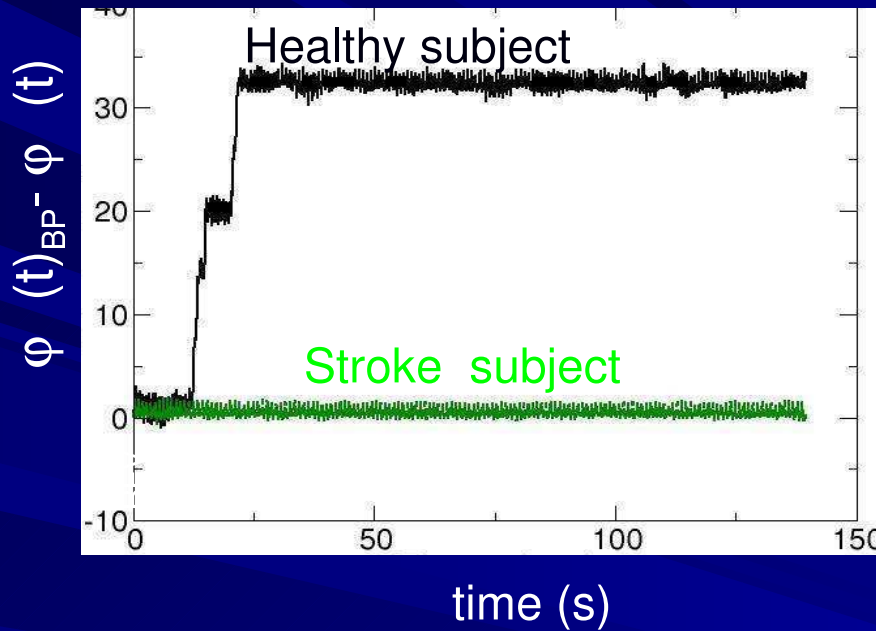
Time lag

Amplitude cross correlation:

$$C(\tau) = \langle A(t)_{BP} A(t + \tau)_{BFV} \rangle / \langle A(0)_{BP} A(0)_{BFV} \rangle$$

Simple approach does not work well ☹️

# Phase synchronization between BFV and BP



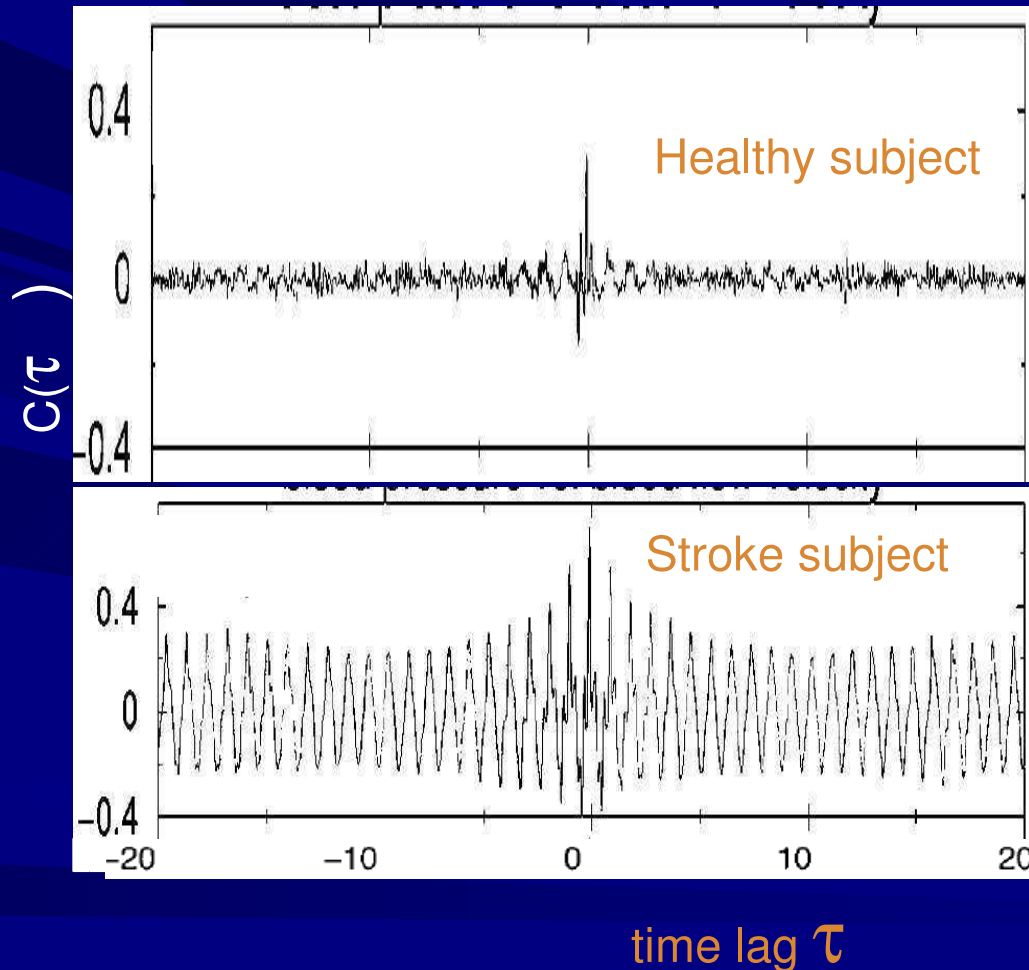
Healthy subject: weak synchronization

Stroke subject: strong synchronization

A change in blood pressure, how long its effects on BFV will last?

# Cross-correlation of phases between BFV and BP

$$C(\tau) = \langle \varphi(t)_{BP} \varphi(t - \tau)_{BFV} \rangle / \langle \varphi(0)_{BP} \varphi(0)_{BFV} \rangle$$



correlation strength at time 0:  $C_0$

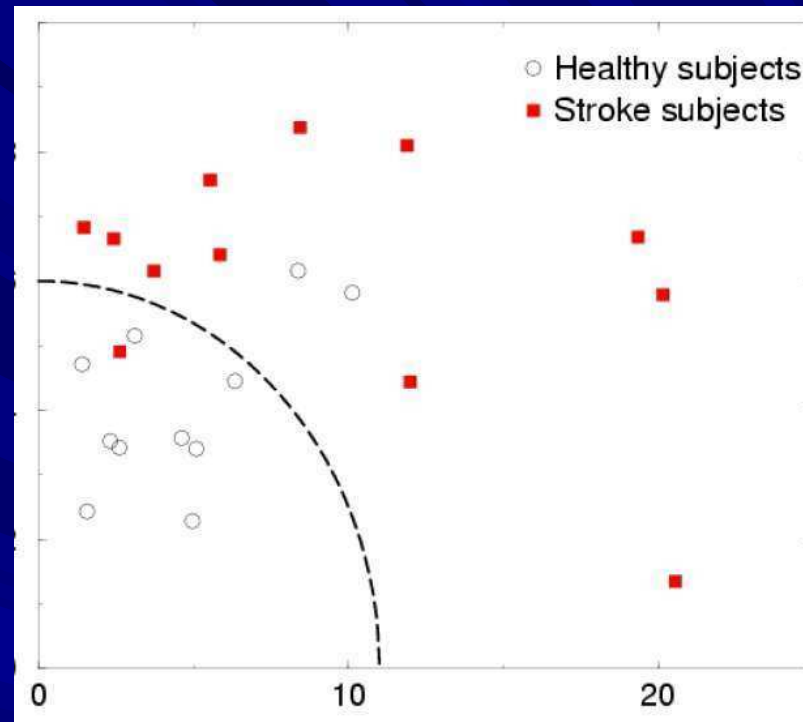
time correlation length  $\tau_0$ : time lag at which correlation drops by 80%

Health subject: **short** ranged  $\rightarrow$  **weak** synchronization  $\rightarrow$  Cerebral autoregulation **works**  
Stroke subject: **long** ranged  $\rightarrow$  **strong** synchronization  $\rightarrow$  Cerebral autoregulation **impaired**

# Diagnosis for stroke?

11 healthy  
12 stroke subjects

$C_0$



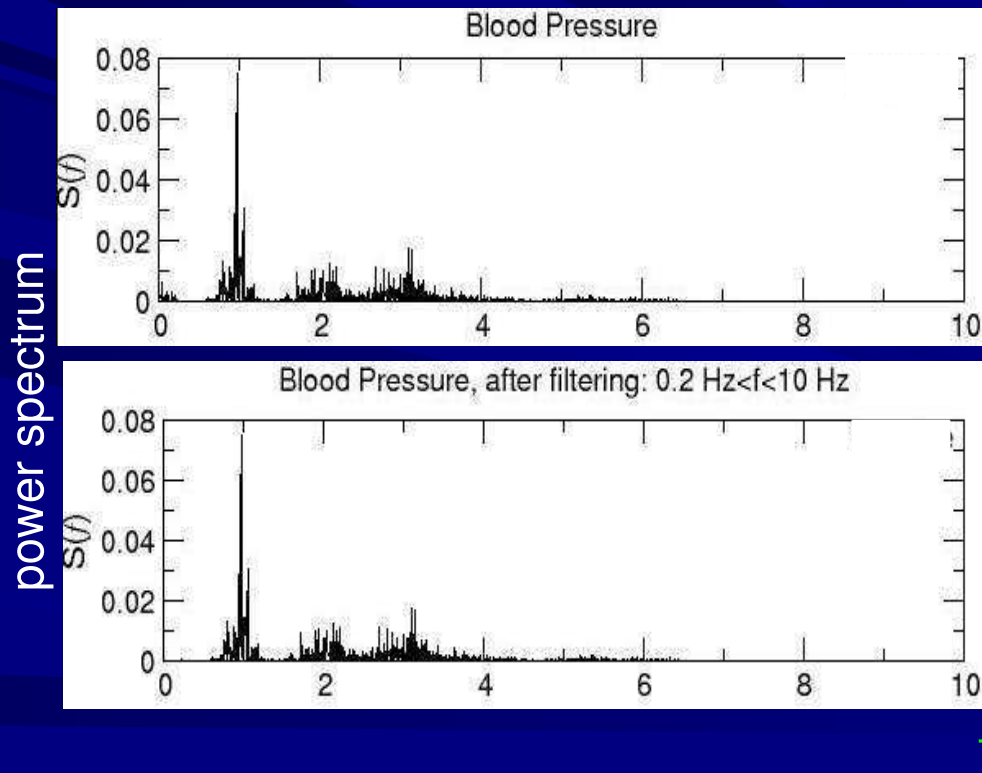
time correlation length  $\tau_0$

stroke subjects: the instantaneous response of BFV to the change of BP is more pronounced and lasts longer compared to healthy subjects

# Effect of band-pass filtering on phase synchronization

phase synchronization approach:

- sensitive to the choice of band-pass filtering
- excessive band-pass filtering  $\rightarrow$  spurious detection



filtering:

Low frequency range 0-0.2Hz  
nonstationarity (trend)

High frequency:  
 $f > 10\text{Hz}$ , same results

Our detection of the synchronization between BP and BFV is valid

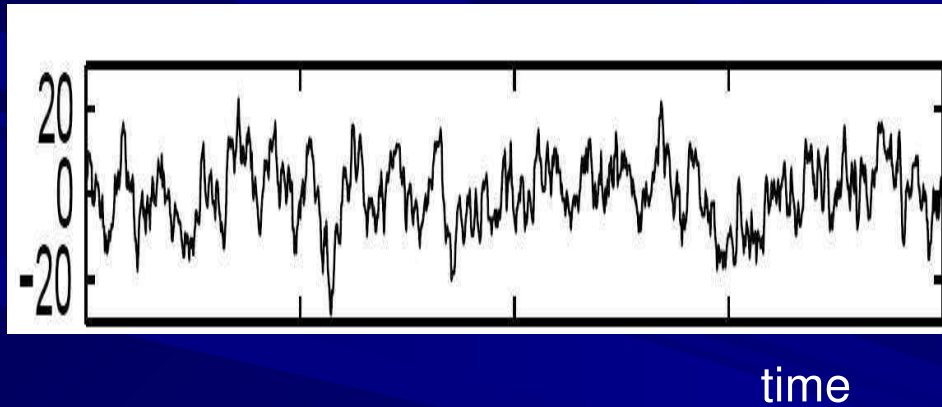


# Conclusion

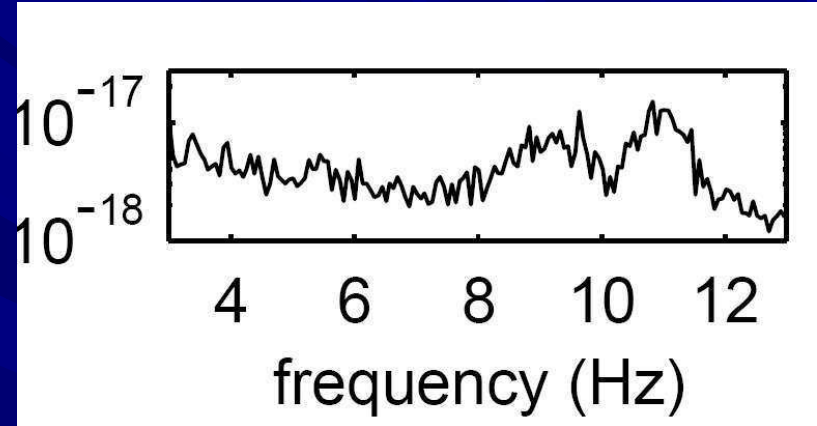
- Phase synchronization is a useful concept to quantify complex behavior in coupled nonlinear systems.
- Useful approach to detect the coupling between systems
- Phase synchronization has practical applications to physiological data and is useful to understand mechanisms of physiologic regulation.

# Effect of band-pass filtering for the phase synchronization approach

MEG Signal for Parkinson's patient



Power spectrum for Parkinson's patient

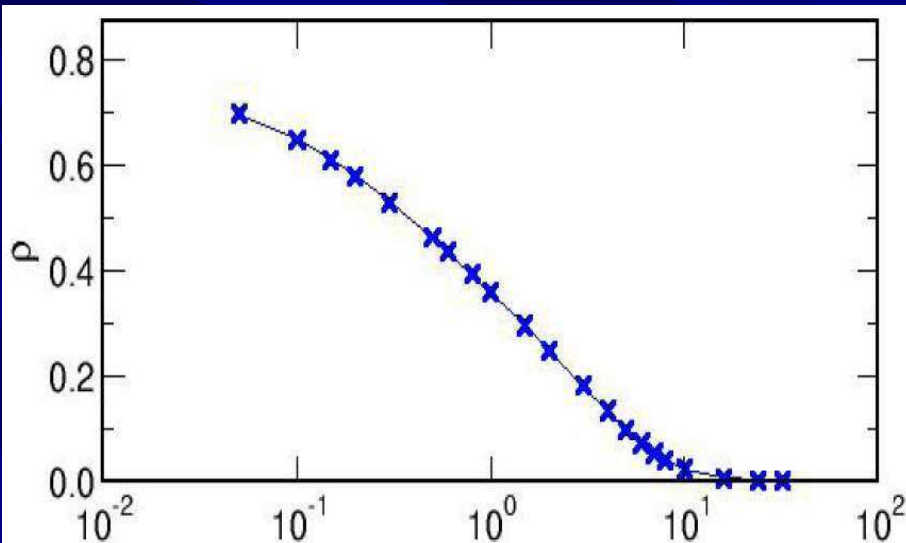


More than one peak  
broad power spectrum

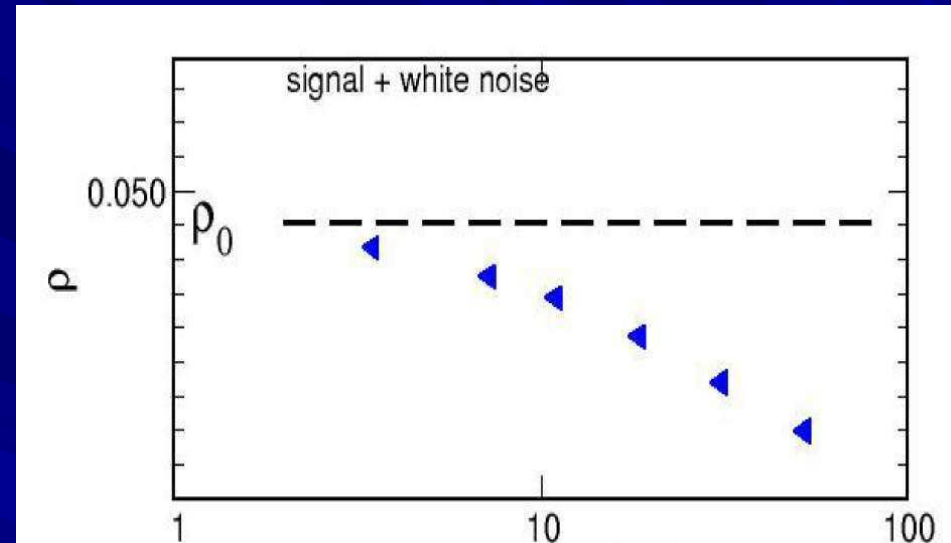
# Effect of band-pass filtering on external noise on coupled output of oscillators

High noise hides synchronization

filtering recovers true behavior



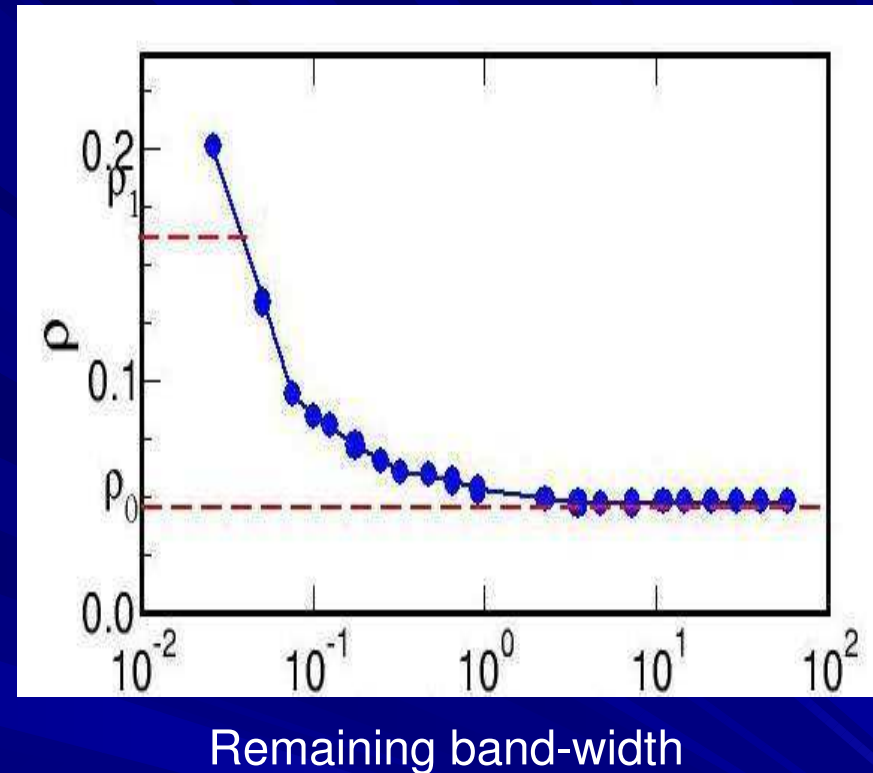
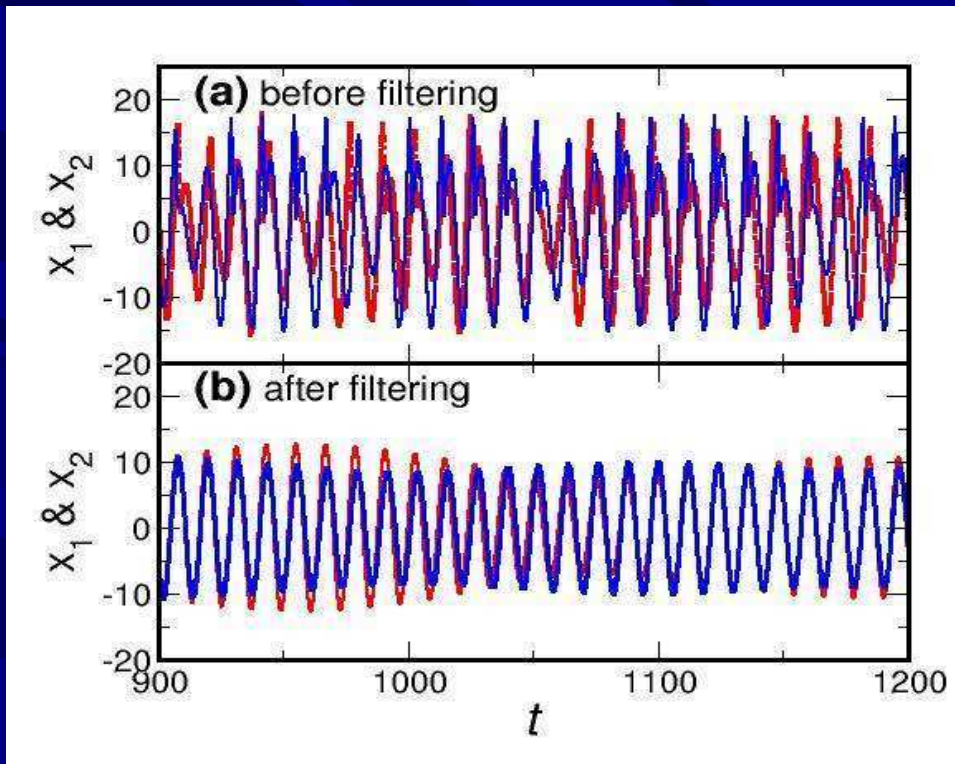
Increasing Noise strength



narrowing down band-width

Band-pass filtering is effective to reduce external noise in coupled systems!

# Effect of band-pass filtering on phase synchronization



Band-pass filtering generate spurious synchronization

## Recipes for band-pass filtering

- Phase synchronization is very sensitive to the choice of band-width,
  - it is effective to reduce external noise
  - excess of band-pass generating spurious detection of phase synchronization
- Therefore, many trials has to be done before getting consistent results.